

Star Diving Club Newsletter



Issue 05: March 2010

Fun night

On Saturday March 20th all divers were invited to a club fun night at Woking Pool in the Park. The committee and the coaches wanted to say thank you to the divers for all their hard work and to give everyone a chance to have some fun.

The club hired the leisure pool with its slides and wave machine and were pleased to see so many divers there.

The whole event was fantastic and everyone had a great time.

Well done to Stephen for the fastest time on the slides - an impressive 4.5 seconds!

Thank YOU!

Thank you to everyone who has helped with fundarising whether that is donating items or buying raffle tickets.

Recently the club has been able to buy a twisting belt for use during training on the trampolines. Without the fundarising we would not have been able to do this.

A big thank you to all our coaches and poolside helpers once again, we have a fantastic coaching team.

Also a big thank you to all our volunteer staff, we couldn't do it without you. If there are any parents able to offer us expertise or have ideas of a way they can support the club the please give us a shout!

Club Competition

Saturday May 22nd

Keep an eye out for entry forms which you will need to complete and return to the club to make sure you are part of this fun day!

Sport Relief

On Friday March 19th many of our divers took part in a dive-a-thon to raise money for Sport Relief. The divers were sponsored to try a new dive. Well done to all those who took part - please bring your sponsor money in as soon as possible.

Request for raffle items

During our Annual Picnic and Pool Party we will be holding a raffle to raise much needed funds for the club. Please can you save any suitable items for donation at the event.

We also welcome any donations from businesses. Any business which donates raffle prizes will recieve free advertising in the event programme.

Sainsbury's vouchers

We are collecting the Sainsury's Active Kids vouchers. Please help us reach our target of 1000 vouchers which would enable us to get free hurdles which will add to our dryside training equipment.

Session availability

We are very pleased to announce that new sessions will be available after the Easter holidays. If you have any friends who are interested in joining please ask them to get in touch with the membership officer, Polly Esplen, by email at star.diving@ntlworld.com or by phone on 07816 929887. We are very keen to publicise the new sessions so if your school would be happy to put up a poster on a noticeboard or to put flyers in school bags please do let us know.

Holiday courses

Our holiday courses have proved hugely popular with both members and non-members, so if you are looking for some fun during the school holidays, why not come along to one of the holiday courses with some of your friends? Four and five day courses will be running every half term and during all school holidays.

Renewal reminder

You should, by now, have received your subscription renewal forms. Please note that they are due back by 3rd April. Prompt payment is always hugely appreciated!



The Star Diving Club Team at the ASA South East Region Competition

Competition results

So far this year Star Diving's competition divers have entered 3 competitions bringing home 13 gold medals, 14 silver medals and 9 bronze medals. This is a record for the club and is a reflection of the hard work of both the divers and the coaches. During the Easter holidays a team of 12 divers will compete in the National Skills Competition in Stevenage. Good Luck guys!

Gavin Brown Love to Dive 2010 20 February 2010

Boys 8/9 SB

8 99.40 Alfie Brown (2002) -- Star Diving

Boys 10/11 SB

2 125.10 Marco Rolandelli (2000) -- Star Diving
3 118.55 Greg Evans (1999) -- Wessex DC
4 106.95 Mark Parrott (2000) -- Star Diving

Boys 12/13 SB

7 116.00 Alex Vick (1998) -- Star Diving

Boys 14/18 SB

1 155.30 Alex Bratza (1992) -- Star Diving
2 152.70 Lain Smith (1996) -- Star Diving
6 122.85 Jake Winterbourne (1996) -- Star Diving

Girls 12/13 SB

7 125.90 Jemma Flack (1998) -- Star Diving

Girls 14/18 SB

(1) 164.40 Zoe Videan (1995) -- Star Diving (guest)
6 112.90 Katherine Vick (1996) -- Star Diving

Boys 12-18 HB

3 129.70 Alex Bratza (1992) -- Star Diving

Girls 12-18 HB

(1) 151.60 Zoe Videan (1995) -- Star Diving (guest)

ASA South East Region Level 2 (Skills) Competition 21 February 2010

Girls Group E

3 174.90 Alice Down -- Star Diving

Girls Group D

1 258.90 Katie McArthur -- Star Diving
4 242.10 Zoe Dixon -- Star Diving

Boys Group D

4 213.95 Marco Rolandelli -- Star Diving
6 199.30 Mark Parrott -- Star Diving

Girls Group C

1 273.15 Chloe Silvey -- Star Diving
2 266.20 Ellen Dixon -- Star Diving
3 254.90 Georgia Wright -- Star Diving
5 248.60 Claire Skinner -- Star Diving
6 247.75 Paige Latham -- Star Diving
8 239.45 Alex Atkins -- Star Diving
10 236.05 Jemma Flack -- Star Diving
11 229.15 Isobel Carr -- Star Diving
12 222.85 Rebecca Loomes -- Star Diving
13 219.90 Natasha Bennett -- Star Diving

Girls Group B+

1 379.90 Kim Allen -- Star Diving
2 350.80 Zoe Videan -- Star Diving
3 335.25 Hope Latham -- Star Diving

Boys Group B+

2 329.65 Josh Raine -- Star Diving

SWPSA 1m age groups and 1m Junior and Senior Championships Saturday 13th March 2010

D Girls

2 Katie McArthur SDC 83.60
4 Tabitha Bowden SDC 71.85

D Boys

1 Marco Rolandelli SDC 1 74.80
2 Mark Parrott SDC 2 67.00

C Girls

1 Gemma McArthur SDC 103.80
2 Paige Latham SDC 95.40
3 Chloë Silvey SDC 85.30
4 Claire Skinner SDC 84.10
5 Isobel Carr SDC 83.60
6 Rebecca Loomes SDC 81.65
7 Natasha Bennett SDC 79.30
8 Jemma Flack SDC 68.35

C Boys

2 Alexander Vick SDC 74.45

B Girls

1 Madeline Parker SDC 172.90
2 Zoe Videan SDC 121.90
3 Hope Latham SDC 109.60

B Boys

1 Connor Gardner SDC 153.50
2 Josh Raine SDC 136.60

A Girls

1 Kirsty McMahon SDC 203.40

A Boys

3 Alex Bratza SDC 133.75

E Women

2 Kate O'Neill SDC 137.25

The Jimmy Aldous Trophy

MSDT: 85.00 SDC: 137.00

1 Metre Junior and Senior Championships

Female – Junior and Senior

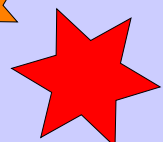
1 Gemma McArthur SDC Jnr / Snr 236.85
2 Madeline Parker SDC Jnr / Snr 230.70
3 Kirsty McMahon SDC Jnr / Snr 215.30
5 Zoe Videan SDC Jnr / Snr 183.20
7 Hope Latham SDC Jnr 136.45

Male – Junior and Senior

2 Connor Gardner SDC Jnr / Snr 259.85
3 Alex Bratza SDC Jnr / Snr 163.25



Well Done to Everyone



Dates for your diary

Sun 28th March	NO SUNDAY Lessons – diving pool closed due to swimming gala. Please note these sessions will now take place Sunday 18th April.
Thurs 1st April	Spring Term Finishes
Fri 2nd –Thurs 15th April	Easter Holidays
Fri 16th April	Replacement sessions for Friday 2nd April
Sun 18th April	Replacment sessions for Sunday 28th March
Mon 19th April	Summer Term Starts
Sun 9th May	NO SUNDAY Lessons – diving pool closed due to swimming gala. Please note these sessions will now take place Sunday 6th June.
Sat 22nd May	Club competition – open to all members (time TBC)
Mon 31st May – Sat 5th June	Half Term
Sun 6th June	Replacement sessions for Sunday 9th May
Sat 12th June	Picnic Pool Party 3 – 7pm (TBC)
Sun 18th July	Summer Term Finishes
6-9th April and 12th - 15th April	Easter Holiday Courses - these are open to members and non-members so please feel free to invite friends to sign up.

Dates for the May Half Term and Summer Holiday Courses will be advertised nearer the time.

Club kit

Please remember that all club kit should be named. We like to return lost items to their owners but it is tricky to do so if they are not named as they all look very alike!

Club swimwear is on its way....keep an eye out for details!

Club discounts

Club members receive 10% discount at the Howzat Sports shop at the Spectrum and at Mail order company Mailsports.



Show your club voucher when purchasing goods in the Howzat Sports shop at the Spectrum.



When purchasing from www.mailsports.co.uk please enter the promotion code SDCG531 at the check out. All purchases also generate 5% for the club's fundraising.

Thank you to both companies

Happy Easter



Have fun during the easter break - see you next term!