



STAR DIVING CLUB

COVID INFO AND KEY RULES

Our first priority remains the safety of everyone involved in our sport, be they participants, leisure centre staff, coaches or volunteers. We will be led by the latest government guidance and regulations.

Drop off and collection

- Both will be via the Main entrance. Please follow the one way system to the rear door of the pool
- Please don't arrive earlier than 5 minutes before the start of your divers' session. Arriving earlier might disrupt a previous group trying to leave.
- Divers ideally to arrive "pool ready". The changing rooms are operational to get changed after their session.
- Please be on time to collect your child.
- Please keep socially distant from other waiting parents.

Key rules

- Please don't attend and inform the club if the diver or anyone in their household has:
 - **A high temperature** –hot to touch on the chest or back or a temp of >37.5°C
 - **A new, continuous cough** – coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hrs
 - **A loss or change to your sense of smell or taste** –noticing you cannot smell or taste anything, or things smell or taste different to normal.
- If a diver displays any such Covid symptoms during their session, they will be withdrawn and will need to be picked up ASAP.
- Divers must:
 - be sensible, maintain social distancing and follow all instructions of the Coach and any club official
 - follow queuing and one-way systems
 - only exit the pool from the locations that have been indicated to them
 - bring a named water bottle
 - not share their equipment
- if for whatever reason when moving around the pool you are unable to maintain 2m distance, please pass by the nearby person as quickly as possible and turn your face away from theirs
- parents will not be permitted on poolside – the area is to be kept clear for divers to move around safely. However, the Spectrum has re-opened two viewing areas:
 - The outside area adjacent to the Café
 - The higher level seating that overlooks the competition pool
- If you use either of the viewing areas, please be mindful of the prior occupancy rate and ensure that you can and do socially distance from other users of such viewing areas
- When in the Centre please follow the rules that Freedom Leisure imposes from time to time. In particular please pay attention to any queuing and one-way systems, mandatory face mask areas, track and trace (currently café areas only) requirements