



Press Release for Star Diving Club 4th March 2009

Star Divers bring home trophies

Last Saturday the Star Diving team travelled to the Southeast Skills Competition and successfully brought back trophies to their base at the Spectrum, Guildford. This event brings together the diving clubs from across the southeast, and is a qualifier for the National championship in April.

All of the team performed well, against tough competition from the region's other top clubs particularly Crystal Palace, but the team was rewarded for their hard work and determination with a total of six medals and three trophies.

The stars of the day were Connor Gardner (14) and Gemma McArthur (11) who both brought home silverware.

Connor, competing in the age 14+ group, won Gold in his open and closed events with a consistently high level of performance to bring home two trophies. Gemma McArthur won Gold in her closed event and also Silver in the open with a fantastic display, scoring a rare 9.0 for an almost perfect dive.

Star also had success in the Girls 14+ category with Hope Latham (13) winning Silver, and in the Girls 12/13 group where Isobel Carr (11) won Bronze.

This medal success is a sign of how Head Coach Jo Hewat has developed the club. Hewat was especially pleased with the results as the divers worked hard to perform at their best in front of a large crowd. Hewat noted, "This was a good day for the club, and was especially exciting for the divers who were rewarded with medals for their excellent performances."

Also competing for the Star team were Zoe Videan (14), Kim Allen (14) and Joshua Raine (13).

Anyone interested in joining the Star Diving club should contact Jo Hewat at jo.diving@hotmail.co.uk.

Some of the Star Divers with their medals and trophies from the Southeast Skills competition.

