



## Press Release for Star Diving Club 24<sup>th</sup> February 2009

### Star Team Star Performance

At Saturday's Love to Dive competition at the Quays in Southampton, the Guildford based Star Diving Team scooped a total of 7 medals to come second overall in the club competition. The Star team faced strong competition from clubs across the south of England. In particular the Southampton and Amersham clubs had very experienced teams and brought with them a lot of support.

The medals won by the Star team were well deserved and show how the club has come on under the watchful eye of head coach Jo Hewat. Jo was especially pleased with the results as the divers performed at their best at the time it mattered most.

Throughout a long day all of the Star divers worked hard to perfect their dives in front of a large crowd. All of the team supported each other with loud cheers from beginning to end.

Opening the day in the 10/11 Girls Spring Board event Chloe Silvey (11) won a Bronze medal in her first ever competition. Chloe performed well and was very pleased to achieve a place on the podium. Follow on from Chloe, Hope Latham (14) and Alex Bratza (16) competed in the Mixed Highboard event winning Gold and Silver medals respectively. Isobel Carr (11) won Silver, her first ever medal, missing out on gold by only 0.45 points in the 12/13 Girls Springboard section. In the 14/18 Girls and Boys Springboard event the Star team won three further medals: Hope Latham, Gold, Sophie Edmead (15) Silver and Alex Bratza Silver. Also competing for the Star team and contributing to the overall second place in the club competition were: Paige Latham (10), Alex Vick (10), Katharine Vick (12), Lain Smith (12) and Sebastian Chaffe (13).

Head coach Jo Hewat commented, "Well done to the whole team. It was a fantastic day with excellent results. I'm looking forward to next weeks South-east skills competition in Crawley which is one of the qualifiers for the National competition in April."

Anyone interested in joining the Star Diving club should contact Jo Hewat at [jo.diving@hotmail.co.uk](mailto:jo.diving@hotmail.co.uk).



Some of the members of the Star diving team met Olympian Blake Aldridge.